

4th Annual

“Running the Rails on Route 66”

4 Mile/1 Mile Race in Cuba, Missouri
Saturday, March 19th, 2022 at 9:00 a.m.



This is a competitive, timed 4-mile, scenic run in historic downtown Cuba, Missouri along the Cuba rails. The race begins at Frisco's Grill and Pub in downtown Cuba. Registration will be at the Cuba Lion's Club at 5:00 pm on Friday or 8:00 am on Saturday. All other race information including parking and more will be sent via e-mail to early registrants. Please include your e-mail when you register to get this important information. We will again be utilizing professional, automatic CHIP TIMING with Split Second Timing. Our goal for 2022 is 500 registrants!

Registration Fees

Proceeds of the race will go toward community/school improvement projects. No refunds will be given.

Adult Fee: \$25 if pre-registered by March 17th or \$30 on March 18th - 19th.

Child Fee: (13 and under) \$15 if pre-registered by March 17th and \$20 on March 18th - 19th.

Race shirt included with paid registration. Shirts cannot be guaranteed for registrations after March 1st.

1 Mile Fun Run – FREE! (No bib or t-shirt included)

Runners and walkers are welcome. No animals or bicycles please. Jogging strollers are allowed.

For online registration go to <https://runningtherails.itsyourrace.com/> or find more info at www.runningtherailsonroute66.com or find us on Facebook

You may also enter the race with a team! Must be at least 5 racers on a team to qualify for the TRAVELING TEAM PLAQUE. There can be unlimited members on a team, but only the top five finishers will earn points. We will also issue a trophy for the largest team. **You must be a paid participant to be eligible for the team trophies.**

AWARDS

Presentations will take place at Frisco's shortly after the race!

1st, 2nd, and 3rd place awards will be given to the top 3 **overall** males and females.

Awards will be given to 1st, 2nd, and 3rd Male and Female participants in the following age groups:

10 and under 11-15 16-20 21-30 31-40 41-50 51-60 61-70 71 and over

All 4 Mile finishers that PARTICIPATE will also be eligible for prizes donated by area sponsors.

To register, please complete the following form and sign. Please make checks payable to Jog Inc. and mail to:
Jog Inc., Attn: Jody Minardi PO BOX H. Cuba, MO 65453

4 mile adult race _____ 4 Mile Child _____ 1 Mile Fun Run _____

Adult Name _____ T-Shirt: S M L XL XXL

Male _____ Female _____ Age as of March 20, 2021 _____

Mailing Address _____ City _____ State _____ Zip _____

Phone: _____ E-mail address (IMPORTANT for receiving race instructions) _____

Child Name _____ T-Shirt: YS YM YL S M L XL

Male _____ Female _____ Age as of March 2, 2020 _____

If you are entering on a team, indicate your team name here: _____

Walk/Run Release: By signing this form, I for myself, my heirs assigns, executors and administrators, waive and release any and all rights and claims for damages, actions and causes of action against any sponsors (including Big River Running Company) or their representatives, successors and assigns any and all other sponsors, for any and all injuries suffered by me while participating in and traveling to and from events/group runs. I fully understand that this association involves strenuous physical activity and I acknowledge that I am physically fit and sufficiently trained to participate.

Signature _____ Date _____